In the first column make a list of the topics you need to know about for your exams. Then put today's date in the first 'How well do I know this?' column, plus two dates in the future when you intend to review your exam preparation.

Colour in the rectangles to show how well you know each topic – use **Red** for 'I know nothing!'; **Orange** for 'I know a little about this'; and **Green** for 'It's my area of expertise!'.

Topic	How well do I know this?		
	Date	Date	Date

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